



Camp Pathfinder
Clothing and Equipment List
2010 Season

Camper Name _____

Please label all belongings.
Provide spare labeled keys for any trunk and duffel locks.

The List:

Remember, this list is just suggested, based on our experience for a 3 ½ week stay.

These items can be ordered from Pathfinder if desired:

- *1 sleeping bag (20 degree-F rating, preferably compressible synthetic fill)
- *1 waterproof dry bag (size 30-litre, e.g. a Seal Baja Bag 30)

- 1 sleeping bag (see above)
- 1 dry bag, 30 litre (see above)
- 1 life vest / pfd (choose a front zip or side zip paddling model)
- 1 set of sheets and blankets for a twin-size camp cot mattress
- 1 or 2 pillows and 2 cases for each
- 2 fleece jackets and/or wool blend sweaters (medium weight warmth that wicks)
- 1 quality rain jacket and pair of rain pants. Waterproof-breathable / No ponchos!
- 1 pair trip boots (pack extra insoles and break in the boots by wearing before camp)
- 2 pair sneakers (old is fine, they'll get very dirty)
- 3 pair shorts (the kids love cargo shorts and knee-length athletic shorts)
- 3 pair long pants
- 8 pair under shorts
- 8 t-shirts
- 1-2 long sleeve crew neck shirts (performance fabric preferred)
- 3 long-sleeved shirts
- 1 bathing suit
- 2 pair sleepwear
- 6 pair trip socks (we encourage "Smartwool" or a merino wool-synthetic blend)
- 4 pair general purpose socks (cotton or blends)
- 1 large bath towel (lighter weights dry quicker)
- 1 labeled drawstring laundry bag
- 1 hat (ball caps ok, hats with neck and ear coverage desirable)
- 1 pr sunglasses [basic uv protection for young eyes, nothing fancy; add a neck cord]
- 1 flashlight or headlamp with extra batteries (buy best-quality batteries, it's worth it)
- 1 sunscreen (spf 15 or higher is recommended)
- 1 insect repellent (avoid high concentrations of DEET; try citronella formulas)
- 1 toilet kit – (send only biodegradable soap and shampoo)
- 1 small pocket knife (see below)

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For AA Campers on Long Trips:

1 pr. highest quality rain gear recommended for AA campers on long trips up north.

1 highest quality fleece torso layering piece recommended for AA campers.

1 pr. gloves and a warm knit hat are recommended for AA campers.

1 pr. lightweight long johns also recommended for AA campers.

Special Notes:

- **Technology:** Pathfinder provides a rare opportunity to live simply in a natural setting. When restricting or prohibiting any items at Pathfinder, we are concerned with the health, safety, comfort and feelings of everyone in the community.

Technology items in particular are not permitted, in order to open our senses to the world of Algonquin. Any game machines, music players, phones, handhelds, laptops etc. will be locked up in the camp safe on arrival and returned to the Camper for the trip home. Cameras are certainly ok. Cell phone cameras will not be permitted.

- **A Note on Knives:** small camp knives are permitted for supervised use only. The Staff will monitor and teach responsible use of pocket knives, and will immediately confiscate any knife used in an improper or unsafe manner.

An appropriate camp knife would be a small lock-blade pocket knife or a small blade sheath knife. Boys will whittle, cut cord or cheese, etc. Smaller is better.

- **Canoe paddles -** Camp provides paddles for the season no charge, but if your son would like his own, order a custom Pathfinder paddle in his size. Measure him floor-to-nose and call us with your order. Prices are charged to candy store account and run about \$25-35CN. Older campers seeking expensive whitewater paddles need parent permission, but we can obtain them once the boys arrive at camp. Price @ \$65CN.

(Pathfinder Early Birds automatically receive a free new paddle on arrival.)

- **A Note on Soap and Shampoo:** we bathe in the lake at Pathfinder, so it's important to have the least impact by using soaps that do not leave phosphates or residues in the water. Good soap choices are Bert's Bees or Dr. Bronner's. Good shampoo choices are Herbal Essence or Bert's Bees.

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The Required Items

Sleeping Bag
Dry Bag
Rain jacket/pants
Life Jacket
Hat
Pillow
Laundry Bag
Flashlight
Water bottle (available at camp)

Some Optional Recommended Items

Books and magazines
Camera
Ball Glove
Lacrosse Stick
Fishing rod
Musical Instrument
Sunglasses
Day pack
Head lamp
Sheets/Blankets
Citronella based repellents
Personal paddle

Not Recommended at Camp

Personal electronics (put in camp safe)
Cash (put in camp safe)
Fine Watches
Jewelry
Trading Card Games
Misc. Valuables/Collectibles
Any open-toed sandals or river shoes
100 % DEET Bug Repellents
Sports or energy drinks
Junk Food & Beverage powders

Not Permitted at Camp

Alcohol, Tobacco, Drugs
Aerosol Cans
Lighters & Matches
Open Flame lanterns
Hand held phones / wireless devices
Consumer medications (infirmary only)
Any open-toed sandals or river shoes
Non eco-friendly soaps
Inappropriate literature
Offensive clothing/pictures
Military Knives
Martial Arts items / Weapons
Fireworks
Personal Canoes or boats
Personal Bikes
Personal Climbing Gear